



THE DANG TRUTH

October 2021

WING / MAJOR EVENTS

16 October – Saturday:

0800-1500, Clinic is open for Physical Exams, Bloodwork, and Vaccines via Unit Scheduling: MDG 323-3386

0900-1100, Mandatory COVID Vaccine info session, Loeffel Room: Capt Mutter, 323-3500

1000-1400. PFR Brief, Loeffel Room: Ms. Rebecca Price, 323-3327

1300-1500, Mandatory COVID Vaccine info session, Ops Theater for second session: Capt Mutter, 323-3500

1430-1530, Enlisted Recog. Banquet, Loeffel Room: CMSgt Murphy,

1600-1630 SMSgt Hall Promotion to CMSgt Ceremony, Air Transportation Function: SMSgt Skilling

0900-1500, Clinic is open for Flu Clinic: MDG 323-3386

1200-1400, MX Hangar for Flu Clinic: MDG 323-3386

1330-1430, Chiefs Enlisted Development Series – Grooming Standards, DFAC: CMSgt Williams, 323-3084

1600 - 1630, SMSgt Gary Hall Promotion Ceremony, Small Air Terminal Hangar: CMSgt Minner, 302-323-3491

17 October – Sunday:

0900-1400, COVID Clinic, MDG Clinic, POC: MDG 323-3386

1000-End, Wing Change of Command and State Command Chief Change of Authority, Personnel will in place by 0930, Flight Line side of Main Hangar, POC: Capt Katona, 302

323-3522

1500-1545, Force Support Squadron Change of Command Ceremony, Loeffel Room, POC: TSgt Kidd, 323-3375

ANCILLARY TRAINING

1000-1100, Base Quarterly Training Meeting, EOC Conference Rm (CFT Building)

Annual SAPR training – please request if needed. POC:

Stephanie Davis, 323-3504 or cell: 302 250-1802. All training MUST BE LOADED TO ARCNET using code:

2021 Sexual Assault Prevention and Response Annual Training (online) – NLT: 31-Dec-21

PROMOTIONS

Bryan M. Florian to CMSgt

Matthew D. Benko to CMSgt

Gary E. Hall to CMSgt

Joseph R. Brown to TSgt

Erin J. Cramer to TSgt

Mario M. Dialessandro to TSgt

Eric C. Reifsnnyder to TSgt

Ronald J. Rhine to TSgt

Gabriel A. Connaghan to SSgt

Melvin Durham to SSgt

Kaitlyn R. Rodriguez to SSgt

RETIREMENTS

Col. Samuel Kinch JFHQ/DE ANG

Suicide Prevention Month 2021 wraps up with a mile-and-a-quarter walk

By Mr. Mitch Topal, 166th Airlift Wing Public Affairs



NEW CASTLE AIR NATIONAL GUARD BASE, Del.-- Members of the Delaware National Guard gather under the right wing of the DANG's newly restored F-86 "gate guardian" on Friday 1-October, 2021. These Airmen participated in a walk for the cause of military suicide prevention. September was Suicide Prevention Month.

Forty Airmen from the Delaware Air National Guard participated walk around the air base on Friday, October 1, 2021, to call attention to the scourge of suicide among members of the military. Leading the walk were two members of the 166th Civil Engineer Squadron's Explosive Ordnance Disposal (EOD) unit. One of the most stressful jobs in the military, it is thought that EOD members suffer one of the highest suicide rates. The walk was organized by Lakenya Baker, 166th Airlift Wing Director of Psychological Health, who wanted to wrap up Suicide Prevention Month with a visible event.

"Over the past 19 months, I have had several conversations with Airmen and family members who feel discouraged and concerned for

the safety and wellbeing of their families and country. COVID-19, civil unrest, racial injustice, and evacuation from Afghanistan has left folks feeling disconnected and left to grapple with unresolved grief and loss on their own. The 166 AW Suicide Prevention walk held on 1 October, reminded us how important it is to foster community connections and strengthen individual and unit resilience to overcome current and future life challenges," said Lakenya Baker, Director of Psychological Health.

The news isn't all bad, though. Decreases in Veteran suicide across multiple fronts and methods of measurement in 2019 were unprecedented across the last 20 years. There were 399 fewer veteran suicides in 2019 than in 2018. Efforts by the military to call attention to

see *Suicide Prevention Walk* on page 2

Social Media Links:

Facebook: 166th Airlift Wing Instagram: @166thAirliftWing Flickr: delawareairnationalguard

...And *that's* the DANG Truth!



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Suicide Prevention Walk continued from page 1

the problem – and to provide suicide help lines and other assistance – seemed to be moving the needle in the right direction.

But the Veteran’s Administration, which compiles data on military suicides, hasn’t yet released the numbers for calendar year 2020. Many expect that because of the added stress brought on by the COVID-19 pandemic, the suicide numbers could climb.

For the men and women of the U.S. military, job stressors are palpable. And for the higher risk specialties like EOD, those stressors are amplified.

That is why Staff Sergeant Dominic Buckmuse, EOD Equipment Manager and A1C Jeramie O’Connor, EOD Technician, led the walk wearing full EOD gear to call attention to the stress felt by many active-duty members and veterans alike.

“In our career field we’re under stress every day in this gig. And the stuff you see over the years takes its toll. We see it in our community constantly. We lean on each other quite a bit. We’ll travel to give members



166th Airlift Wing Commander Col. Lynn K. Robinson, Jr. talks to participants prior to the Suicide Prevention Month walk, October 1, 2021. He stressed the importance of resilience and that there are many resources available to military members in crisis. Col. Robinson completed the walk with about 40 participants. (U.S. Air National Guard photo by Mr. Mitch Topal)



166th Civil Engineer Squadron Explosive Ordnance Disposal (EOD) Airmen Staff Sgt. Dominic Buckmuse and Airman First Class Jeramie O’Connor lead the Suicide Prevention Month awareness walk, October 1, 2021. The EOD unit members completed the walk with about 40 participants. (U.S. Air National Guard photo by Mr. Mitch Topal)

of other EOD units support when its needed. We all go to school together so everyone knows each other across the branches of the service,” explained A1C O’Connor.

Staff Sergeant Buckmuse added, “There are only 17 EOD flights in the guard that have EOD so it’s a tight-knit community. Every time I go TDY I check on friends. I have friends that I text with constantly, especially when they’re overseas just to keep that mindset of closeness. It’s like one big family here. My only message to other EOD units is to stay safe. If you need us, we’re here.”

A letter to the force from General Daniel R. Hokanson, Chief of the National Guard Bureau and Tony L. Whitehead, Senior Enlisted Advisor, states:

Resources to help our National Guard family are always within reach. If you or a loved one are in crisis, reach out to Military One Source at 800-342-9647. You can also call the Veterans/Military Crisis Line for confidential support available 24/7 by calling 800-273-8255 (press 1), text 838255, or chat online at www.veteranscrisisline.net/get-help/chat. You can also access Suicide Prevention Month resources on www.dspo.mil, and find ways to promote well-being and resilience at www.nationalguard.mil/wrf. Contact your Director of Psychological Health, Suicide Prevention Coordinator, chaplain, chain of command, or supervisor for more local resources and events. There is always someone here to help you.

Together, we can keep each other safe and strong. We’re here for each other so we can keep our promise to be Always Ready, Always There.

The Air Mobility Command (the 166th Airlift Wing’s gaining command) is following the DoD’s and Army’s lead in encouraging positive mental health by focusing on employees holistically, by arming them with the positive, protective factors of overall physical fitness, mental strengthening, social skills, spiritual strength and resilience. AMC’s Suicide Prevention Program is based around year-round activities and training that encourages positive affirmations, self-care and self-awareness, connectedness and work-life balance.



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Historic command “trifecta”

Three top command changes to occur during October UTA



Col. Lynn K. Robinson, Jr. will replace Col. Carla D. Riner as Wing Commander.

Col Robinson received his commission through the Air Force Reserve Officer Training Corps at Embry-Riddle Aeronautical University, Daytona Beach, Fla. He has 22 years of service and spent seven years active duty as a B-52H Instructor Radar Navigator stationed at Barksdale Air Force Base, La., and 15 years in the Delaware Air National Guard as a C-130H Instructor Navigator. Col Robinson is a Master Navigator with over 2,800 flight hours, including 540 combat hours and more than 350 instructor hours. He has participated in seven deployments in support of Operation ENDURING FREEDOM. Col Robinson's previous assignments include Chief of Wing Plans, Wing Director of Inspections, Commander of the 166th Maintenance Squadron, and Commander of the 166th Maintenance Group. Prior to his current position, the colonel was the Commander, 166th Operations Group, New Castle Air National Guard Base, New Castle, Del.



Chief MSgt. Robbin D. Moore will replace Chief Patty Ottinger as State Command Chief Master Sergeant.

Chief Moore joined the United States Army Reserve in 1983 and served as a Supply Specialist and Unit Armorer for the 15th Psychological Operations Battalion in Fort Thomas, Kentucky. In January 2007, she joined the full-time ranks of the Delaware Air National Guard as the Readiness in Base Services Technician for the 166th Services Flight. From October of 2013 until 2019, Chief Moore served as the wing's Force Support Squadron Superintendent. In 2019, Chief Moore was handpicked to retrain into the Materiel Management career field and assumed the position as the Materiel Management Chief Enlisted Manager, 166th Logistics Readiness Squadron Superintendent. Throughout her career, Chief Moore has participated in a vast array of missions and operations, including Operations Noble Eagle and Enduring Freedom. Prior to her current assignment, Chief Moore served as the Command Chief Master Sergeant for the 166th Airlift Wing, New Castle Air National Guard Base, New Castle, Delaware.



Chief MSgt. Michael S. Murphy will replace Chief Robbin D. Moore as 166th Airlift Wing Command Master Sergeant.

Chief Murphy entered the Air Force on January 19, 1995. He enlisted as a Crew Chief and upon completion of technical training, was assigned to Charleston Air Force Base, South Carolina where he maintained the C-17A Globemaster aircraft. In 2001, he retrained as a C-130E Flight Engineer and served until 2003, when he joined the Delaware Air National Guard as a C130-H2 Flight Engineer. In 2011, he completed his Master's degree in Homeland Security, earning Summa Cum Laude recognition. Chief Murphy has participated in Operations Allied Force, Joint Forge, Enduring Freedom, Iraqi Freedom, Northern Watch, Southern Watch, Noble Eagle, and Inherent Resolve.



A parting message from Chief Robbin D. Moore

By Command Chief Master Sergeant Robbin D. Moore

Greetings Airmen,

The last year has been a great challenge to us all and we persevered!

In just fourteen months we bid farewell to three First Sergeants and selected five new First Sergeants with one First Sergeant still needed for AMXS. So if you are a MSgt or a promotable TSgt, please reach out to CMSgt Michael Murphy to discuss this awesome force development opportunity. Additionally, you deployed for the AEF, supported COVID missions all over the globe, Operation Capitol Response, Operation Allies Rescue, and Operation Allies Welcome. All of this was done while responding to local and state emergencies taking place in our communities and while training and exercising in preparation for the next Unit Effectiveness Inspection. I am truly proud to be a part of our Delaware Air National Guard Team and I am grateful for each and every one of you, and for all you have accomplished. Please know that it has been an honor serving as your Wing Command Chief and I am looking forward to continued team building, mentorship, and the opportunity to witness the continued greatness of our Airmen while serving as your State Command Chief.

As I settle in, I want you to know that I will work tirelessly to maintain supportive relationships as I liaise with our command leadership, the Wing and our community partners. Please know that you all play a vital role to the mission success of the Delaware Air National Guard. I will always welcome your ideas, your solutions, and your commitment to progress and I am very confident that together we will exceed expectations.

In partnership with your Wing Command Chief, CMSgt Murphy, we will ensure that together we are meeting the commanders' intent as well as supporting you as Citizen -Airmen by way of focusing on people, mission, and readiness. Please take the time to really understand the vision and mission statements of each of your organizations, then determine how you will best support your leaders, peers and subordinates alike.

In conclusion, I would be remiss if I did not share some of the wisdom and knowledge I have gained over the last year. The first is "make your box bigger" when this statement was shared with me it was a eureka moment. Often we state that we are going to think out of the box, but how awesome is it to control the size of that box?

The next bit of wisdom comes from Dr. Adam Grant. We have already learned from Simon Sinek that "leaders eat last". Most recently, while in a conference I was reminded that "leaders speak last", taking the opportunity to change the way you think or learn, in order to accelerate change. Next, our ANG CCM, CMSgt Maurice Williams, inspired at his most recent Chiefs Huddle, exclaiming "You're It!" leading when it matters most; Remembering to seize every opportunity to "guide and inspire action." Lastly, please remember to empower Airmen, encourage your peers and to embrace our leaders.

Always an Airman, Wingman, Leader, Warrior!

Robbin D. Moore, CMSgt, DE ANG
State Command Chief



*Command Chief Master Sergeant
Robbin D. Moore*



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Major General Michael R. Berry

The Adjutant General Delaware National Guard

*Requests the pleasure of your company at
several change of leadership ceremonies:*

*166th Airlift Wing Change of Command ceremony, at which
Colonel Carla Riner
Will relinquish command to
Colonel Lynn Robinson*

~

*166th Airlift Wing Command Chief Change of Authority, at which
CMSgt Robbin Moore
Will relinquish authority to
CMSgt Michael Murphy*

~

*Headquarters, Delaware National Guard State Command Chief Change of Authority, at which
CMSgt Patricia Ottinger
Will relinquish authority to
CMSgt Robbin Moore*

Sunday, the seventeenth of October

At ten o'clock in the morning

Main Hanger – flight line side

2600 Spruance Drive ~ New Castle, Delaware

if inclement weather ceremonies will be held in the Loeffel room

RSVP by 13 October 2021

(302) 326-7008 or

ng.de.dearnng.mbx:jfhq-command-rsvp@mail.mil

Attire

Military: Duty uniform

Civilian: Business casual

Social distancing standards will be applied: please wear face coverings

No RSVP required for ranks O5/W4/E8 and below



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*The Assistant Adjutant General
Delaware Air National Guard*

*Request the pleasure of your company at an
Enlisted Recognition Ceremony*

*Saturday, the sixteenth of October
At two-thirty o'clock in the afternoon*

*Loeffel Room
Delaware Air National Guard
2600 Spruance Drive
New Castle, Delaware*

Honorees

*SSgt Philip Magorry ~ Airman of the Year
TSgt Jesse Enrique ~ Non-Commissioned Officer of the Year
MSgt Michael Magobet ~ Senior Non-Commissioned Officer of the Year
SMSgt Michael Fernandez ~ Honor Guard Member of the Year*

*For safety purposes due to COVID-19 the ceremony will be broadcasted live at the provided date and time on Facebook. Attendance is limited to Family and ceremony participation***

No RSVP is required.

Link is provided below:

www.facebook.com/delawarenationalguard

*** For those participating in the ceremony*

Military Attire: Duty uniform

Civilian: Business casual



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Visit www.militaryonesource.mil or call: 800-342-9647

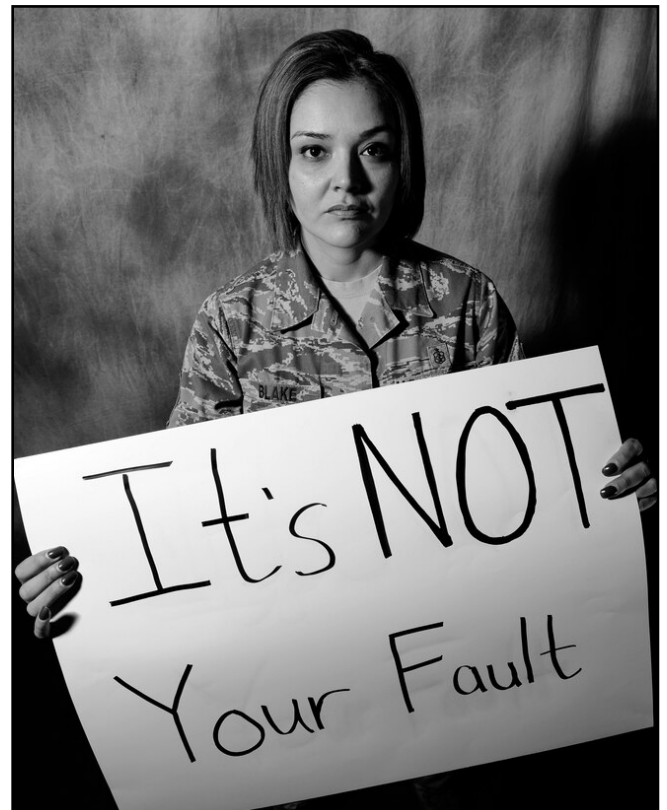
MILITARY ONE SOURCE

Transitional Compensation: Help for Victims of Abuse

<https://www.militaryonesource.mil/family-relationships/relationships/relationship-challenges-and-divorce/transitional-compensation-help-for-victims-of-abuse/>

October is domestic violence month. Continuing with this theme, here is another vital resource for SURVIVORS (choosing this word instead of a victim). Survivors of abuse can feel isolated and discouraged. For military families, this isolation can be more intense when living far from extended family and close friends. There is help in the military community. A resource that can help is transitional compensation. This financial benefit can help survivors move and get back on their feet. Survivors of domestic abuse can reach out to the installation Family Advocacy Program or legal assistance office for help with applying for transitional compensation and provide additional information on legal topics, such as divorce.

Also, the installation's FAP staff can help develop safety plans for the survivor/s and children to find a safe house or shelter, access counseling, arrange for a medical exam or court appearance, or find additional military and civilian resources.





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Safety



October Safety Message

October is Fire Prevention Month. The Delaware Fire Service is doing our part by conducting education and awareness throughout the State of Delaware at your local fire station. The Delaware State Fire Chiefs Association would like to remind all residents how to minimize your risks associated with the following:

Smoke alarms are a must:

- Install smoke alarms on every level of your home, inside bedrooms and outside sleeping areas on the ceiling or high on the wall
- Keep smoke alarms away from the kitchen, at least 10 feet from the stove, to reduce false alarms
- Use special alarms with strobe lights and bed shakers for people who are hard of hearing or deaf
- Test smoke alarms monthly
- Replace batteries in your smoke alarm and carbon monoxide detector annually
- Replace smoke alarms that are 10 or more years old

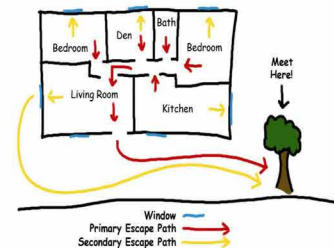


Make an escape plan

- Plan two ways to escape from each room
- Make sure all doors and windows leading outside open easily
- Identify secondary routes: a window onto an adjacent roof or a collapsible ladder from a second floor window
- If you live in a multi-story building, plan to use the stairs — never the elevator
- Designate an outside meeting place a safe distance from the house

Practice your home escape plan

- Practice getting out with eyes closed, crawling low to the floor and keeping your mouth covered
- Practice closing doors behind you
- Practice how to “stop, drop and roll” if your clothes catch on fire
- Practice testing door handles to see if they are hot before opening them
- Teach children never to hide and how to escape on their own in case you can’t help them



When and how to use a fire extinguisher

- Everyone has left or is leaving the home
- The fire department has been called
- The fire is small, not spreading, and there is not much smoke
- Your back is to an exit you can use quickly
- You remember the acronym PASS:
- Pull the pin.
- Aim low at the base of the fire.
- Squeeze the handle slowly.
- Sweep the nozzle side to side across base of fire

HOW TO USE A FIRE EXTINGUISHER

- **PULL PIN**
- **AIM AT BASE OF FIRE**
- **SQUEEZE HANDLE**
- **SWEEP SIDE TO SIDE**

Safety and Occupational Health Points of Contact:
 State Safety Manager: CW3 Christopher L. Slicer,
 326-7100 christopher.l.slicer.mil@army.mil
 State Safety Specialist: CW2 Mark Schroeder, 329-7016,
mark.m.schroeder.mil@army.mil

FOR MORE INFORMATION SEE THE NATIONAL SAFETY COUNCIL/DELAWARE OFFICE OF HIGHWAY SAFETY



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The Chaplain's Corner

October 16-17 RSD

Chaplain (Lt Col) Anthony Giamello

Upcoming Events

DATE/TIME	EVENT	LOCATION
Sunday 17 October at 0830	Catholic Mass	Meditation Room Bldg 2821
Sunday 17 October at 1000	Protestant Service	Meditation Room Bldg 2821
Sunday 17 October at 0915 - 0945	Meditation room available for private prayer	Meditation Room Bldg 2821

Have you ever fought a dragon? If you answered no, author Eugene Peterson disagrees with you. He writes, life is filled with dragons: life threatening health crisis, the sudden job loss, the failed marriage, the estranged prodigal child. These “dragons” are supersized dangers and frailties of life that we’re inadequate to fight alone. What dragons are you facing? You don’t have to deal with them alone. The 166th Chaplain Corps is here to assist in any way!





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Stay connected **WITH THE AIR FORCE CONNECT APP**

Team DANG,

Have you downloaded the AF Connect app from the App Store or Google Play yet?

The need for up-to-date information in an instant is imperative during this time of constant change and frequent updates.

This app will keep you up-to-date with push notifications as well as accurate and timely information at the touch of a button.

Click the following links to download on your respective device and see the following screenshots on how to add the 166th Airlift Wing's tab as a favorite.

App Store (Apple Devices):

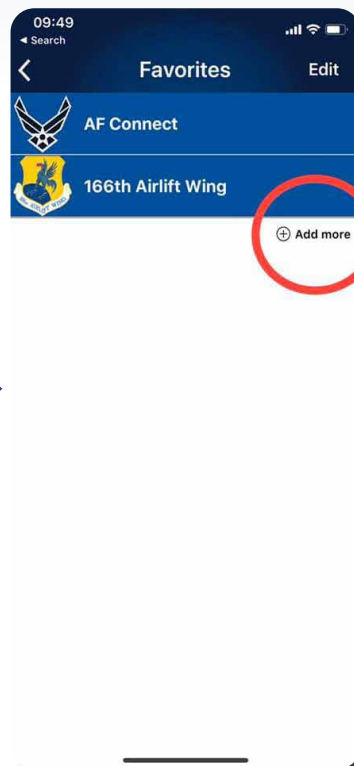
<https://apps.apple.com/us/app/usaf-connect/id1403806821>

Google Play (Android Devices):

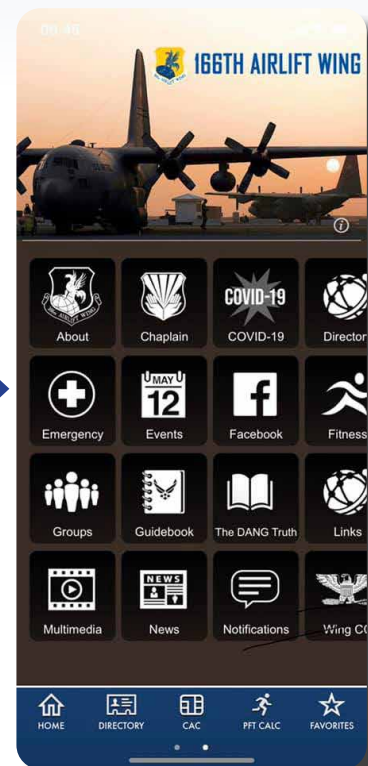
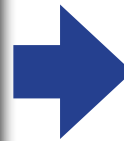
<https://play.google.com/store/apps/details?id=com.m360connect.usaf>



1. Tap on "FAVORITES"



2. Tap on "Add more"
then select "166th
Airlift Wing"



3. See these tiles
appear that point to
important links